

PERCENTAGE YOUR GOALS

GROW IN YOUR SUCCESS



STRETCH-IN

How do you know you have achieved? Setting landmarks is a natural way in demonstrating progress. As a Mandela Uni student goal setting helps you decide what is important for you to achieve in your life. It helps to motivate you and can build your self-confidence as you successfully achieve your goals.

HAVE A VISION

- To see is to know – have an image!
- Be the artist of your story
- Create alignment through your words and action
- In having the picture, have the attitude to get it
- Own your success – mark your path

SET A HIGH EXPECTATION FOR SELF

1. Believe in your capability
2. Be realistic but also stretch yourself to higher heights
3. Create an I-CAN-DO-ATTITUDE
4. Accept the responsibility that comes with your goals
5. Honour your story

BE PASSIONATE ABOUT WHAT YOU ARE DOING

- Passion fuels your priorities
- Passion directs your attention
- Passion allocate your time
- Passion honours your commitment
- Passion drives your urge to SUCCEED

REMAIN FOCUS

- Continuously go back to the drawing board
- Clarify the vision
- Draw from your passion
- Fuse your goals with your sense of what you want!



#REMINDERS

1. Be courageous enough to put a percentage with each of your modules
2. Take it a step further by planning each module per test and exams, and put a percentage to each entry
3. Fuel this now with a decision in how you will accomplish it
4. Write it down
5. Tell someone about it – be accountable for your goals

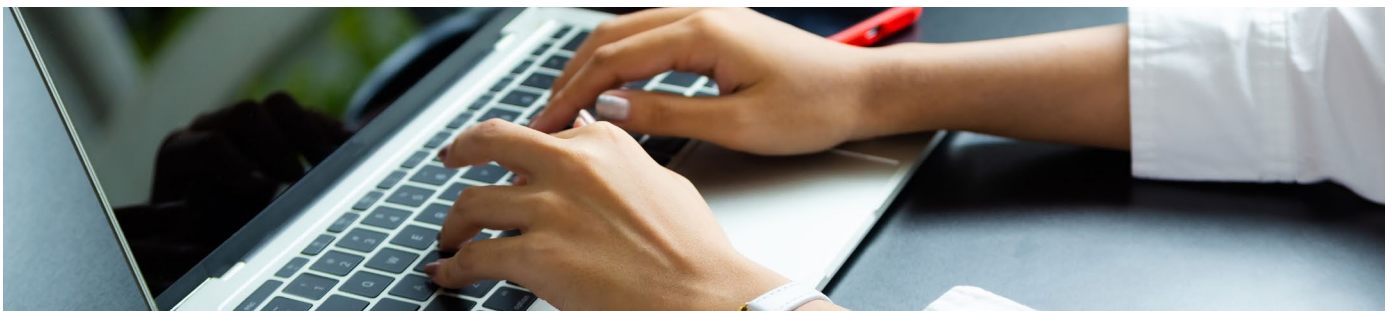
SET LANDMARKS FOR PROGRESS

You need to review your action plans and goals often. Have voice notes to self, notes on your walls or in your diary to remind you.

- Decide on specific **indicators** of your progress.
- How will you show that an action plan has been successfully completed?
- Or that it is proving difficult?
- **Reflect!** Keep track of how you are doing – and if things do not go according to plan, ask yourself why.
- Learn from plans that do not work out - decide on a different strategy, adjust, and keep going.
- **Reward** yourself when you have achieved your goals.
- These rewards must be something you will enjoy and that will motivate you.

STRETCH-OUT

- A goal is more specific than a dream.
- It is an outcome that you try to achieve through a detailed and realistic course of action.
- Goal setting involves proactive, short, and long-term planning, which includes taking stock of your life and takes into account your values, abilities, interests, and priorities.
- Studying is a process that can be under your direct control.



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